

Challengers



ORANGE OCTOBER

GO ORANGE THIS OCTOBER TO
RAISE MONEY FOR CHALLENGERS



Registered Charity Number: 1095134



Challengers

All about us...

For 47 years, Challengers has transformed the lives of disabled young people and reduced social isolation by providing inclusive, fun and safe spaces across the South East. Founded in 1979 to address the lack of inclusive opportunities, we now support over 900 families across 14 services in Surrey, Hampshire, West Sussex and Greater London. We run Short Breaks Play and Youth Schemes, our 555 Service – an alternative provision delivering urgent support to disabled young people aged 5-18 who are out of education, and The Hub which offers holistic support for families of disabled children.



"Challengers understand us. They understand that creating space for joy for our daughter, gives us space to be the best parents and carers we can be."



Challengers Parent

Many children who attend Challengers have been excluded from other play and leisure settings, but we welcome every child, no matter how complex their needs or behaviour. Our services enable parents and carers to have an essential break from their care responsibilities.



www.disability-challengers.org



fundraising@disability-challengers.org



01483 230 060



[instagram.com/Challengers1979](https://www.instagram.com/Challengers1979)



[facebook.com/DisabilityChallengers](https://www.facebook.com/DisabilityChallengers)



[linkedin.com/company/disability-challengers](https://www.linkedin.com/company/disability-challengers)



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What is Orange October?

Every year we celebrate Orange October – a month dedicated to all things orange and everything Challengers!

Wherever you are, jump into the spirit with orange-themed activities and challenges. Together, let's raise funds to transform the lives of disabled children, young people and their families through the power of play.



How can I get involved?



We're here to send you ideas and fundraising materials to help make your Orange Day a success!

- **Orange Dress Down Day** – dress up in something orange
- **Orange Scavenger Hunt** – find a series of items and check them off as you go!
- **Orange Bake Sale** – cakes and orange...what's not to love?
- **Pumpkin Carving** – Plenty of pumpkins to get creative with
- **Orange Quiz** – Use the quiz sheet included in this pack or create your own orange themed questions
- **Park Run** – Join us for a fun orange 5k run or walk at Stoke Park

If you would like to take part in Orange October or have any questions, please get in touch:
Fundraising@disability-challengers.org

Fundraising Materials

Buckets, collection tins, balloons are all yours! We can make posters to showcase your wonderful fundraisers and events.

We can also create unique QR codes where individuals without cash can donate directly to Challengers

Here To Help

Challengers appreciates your support no matter how big or little. We are always here to chat about how else we can help to support you.

Please feel free to contact fundraising@disability-challengers.org or call us 01483 230060

How can Challengers Support You?

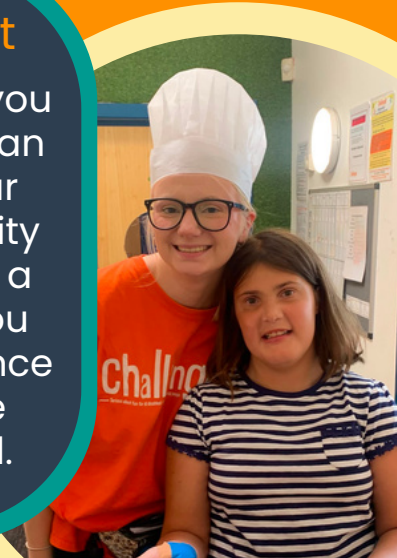


Promotional Support

We can advertise your support and any events on our social media channels, and send them to our large supporter base via our website and newsletters.

A Challengers Visit

We'd love to welcome you to visit us so that you can see the impact of your support. This opportunity gives your fundraising a real significance as you can come and experience the work that you are supporting first-hand.



If you would like to take part in Orange October or have any questions, please get in touch:
Fundraising@disability-challengers.org

Hold a Challengers Orange Day in October!



1) **Set the date** – Most groups host their Orange Day during October, but if that doesn't work for you, no worries at all! Choose a date that works best.

2) **Decide on an orange activity** – Choose an activity (one from the pack or an idea of your own) and everyone pays a suggested fee to enter.

3) **Fundraise and have fun** – Remember to have fun – that's what Challengers is all about! Please share photos with us and tag us on your social media platforms @Challengers1979 #OrangeOctober
We'd love to see what you've been up to.



Your Fundraising Impact

Your donation helps us to bring the joy of play to disabled children and young people at Challengers, giving them the same freedom to have fun and enjoy themselves as their non-disabled peers.

£20

£20 could fund an hour of care, ensuring every child feels safe, supported, and free to play.

£75

£75 could provide wellbeing, training and administrative support for parents and carers.

£500

£500 could pay for 20 young people to spend the day at Thorpe Park

£37.50

£37.50 could train staff to safely administer medication, guaranteeing essential support for children at Challengers and enabling us to welcome ALL disabled children no matter the complexity of their additional needs.

£160

£160 could pay for a sensory cooking class with Chef Sophie



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Let us know what you're
planning

What you're doing

Tell us a little bit
about your
fundraising
activity or event

When it's happening

Let us know the
date (and time
if relevant)

Where it's happening

Tell us where
your event or
activity will
take place

What you need from us

We can provide
collateral, posters,
flyers and other
materials to help
promote your
fundraiser

Tag us on social media

Don't forget to tag
[@challengers1979](#)
and use
[#OrangeOctober](#) so
we can see what
you're up to!

Share your photos with us!

After your event,
send us your
photos so we can
celebrate your
fundraising and
share your story

Every fundraiser
makes a
difference, and
we can't wait to
see what you
come up with!



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WE'RE GOING ORANGE THIS
★ OCTOBER BY...



Find out more on our website





Pumpkin Carving



Carve your own spooky Halloween Pumpkin and tag us on socials with your creations [#OrangeOctober](#)



Orange October Bingo

- Give each player a Bingo card
- Players complete the challenges in each square.
- You can play for **a line**, **two lines**, or **a full house**.
- Agree whether players need to **show proof** of completed challenges, such as a photo
- The first person to complete the agreed challenge shouts **"BINGO!"**

Wear Something Orange	Get a friend to donate	Share #OrangeOctober	Eat Something Orange	Find Something Orange Outdoors
Free Space	Cook An Orange Recipe	Tell Someone About Challengers	Spot An Orange Car	Have An Orange Snack
Decorate Something Orange	Free Space		Take A Photo In Orange	Make Someone Laugh
Post About Challengers	Wear Orange Socks	Give Someone An Orange	Free Space	Take A Sunset Photo
Spot An Orange Logo	Do A Secret Good Deed	Challenge A Friend To Wear Orange	Learn 1 Fact About Challengers	Free Space

Challengers★

Scavenger Hunt

The first team that will complete the list will win the game



Something that starts with 'O'



Something that starts with 'R'



Something that starts with 'A'



Something that starts with 'N'



Something that starts with 'G'



Something that starts with 'E'



Orange October Challenge Cards

Print all the cards. Cut and shuffle them.
Pick one and complete your challenge.

Go Full Orange

Wear as much orange as possible for one day.

Put together your orange outfit...clothes, accessories, shoes, nails – anything goes! Take a photo and share with friends, colleagues or fundraising group.

Orange Spotter

Find 10 orange things

You have 30 minutes to spot 10 different orange objects. They can be anywhere – at home, at work or outside.

£25 from 5

Raise £25 from five people

Ask five friends, family members or colleagues to donate £5 each to your fundraiser at home, at work or outside.

Orange Bake Off

Make something orange

Bake or make an orange-themed treat. Think orange cupcakes, carrot cake, chocolate orange brownies or orange biscuits.

Easy Chocolate Orange Brownies



Ingredients

- 100g dark chocolate
- 100g butter
- 200g sugar
- 50g cocoa powder
- Zest of 1 orange
- 50g self-raising flour
- A good pinch of salt
- 2 eggs
- 100g cream cheese
- 100g white chocolate, chopped into small chunks

Directions

1. In a saucepan over a low heat melt together the dark chocolate, butter, sugar and cocoa powder. Be careful not to burn the cocoa powder!
2. Take the pan off the heat and add in the orange zest, flour, salt, eggs and cream cheese. Whisk together well and leave to cool slightly.
3. Preheat your oven to 190c. Line a square baking tin with greaseproof paper. Add the chocolate chunks to your brownie mix and spoon into the baking tin.
4. Bake in the oven for 30 minutes or until you have a crust on top but the middle is still gooey. Take out of the oven and leave to cool slightly before removing from the oven and chopping your brownies to your desired size.

Easy Orange Cupcakes

Makes 12 cupcakes

🕒 30 minutes

Ingredients

For the cupcakes

- 200g/7oz unsalted butter, softened
- 200g/7oz caster sugar
- 3 free-range eggs
- 200g/7oz self-raising flour
- 1 tsp vanilla extract
- 2 tbsp milk
- For the buttercream icing
- 250g/9oz icing sugar
- 125g/4½oz unsalted butter, softened
- 1½ tsp vanilla extract
- 1½ tbsp milk
- Orange Food Colouring



Method

1. Preheat the oven to 180C/160C Fan/Gas 4 and line a 12-hole cupcake tin with paper cases.
2. Cream the butter and sugar until pale and fluffy. Beat in the eggs one at a time, adding a tablespoon of flour if the mixture starts to curdle. Mix in the vanilla, then fold in the flour until just combined. Stir in the milk to loosen the mixture.
3. Divide the mixture evenly between the cases and bake for 25 minutes, until springy to the touch. Leave in the tin for 5 minutes, then transfer to a wire rack to cool completely.
4. To make the buttercream, beat the butter with half the icing sugar until light, then add the remaining icing sugar, vanilla, and milk. Add the food colouring until you get to your desired orange! Spread or pipe onto the cooled cakes.

Orange October Quiz

Answer the following orange themed questions

1 Which luxury fashion brand is famous for its distinctive orange shopping boxes?

2 Which planet is often described as the "Red Planet" but can appear orange in the sky?

3 What orange-coloured spice is commonly used in curries?

4 Which band released the song "Orange Crush" in 1988?

5 Which fruit has varieties called Navel, Valencia and Blood?

6 What spirit is traditionally used in a classic Screwdriver cocktail?

7 How many players from one team are on court in basketball at a time?

8 Which country is famous for its association with orange and the House of Orange-Nassau?

9 Which singer released the album Orange Blossom Special?

10 Which actor played the character of Ron Weasley in the Harry Potter films?

Orange October Quiz

Answer Sheet



1 ***Hermès***

2 ***Mars***

3 ***Turmeric***

4 ***R.E.M***

5 ***Orange***

6 ***Vodka***

7 ***Five***

8 ***The Netherlands***

9 ***Johnny Cash***

10 ***Rupert Grint***



Challengers

Event:

If I have ticked the box headed 'Gift Aid?', I confirm that I am a UK Income or Capital Gains taxpayer. I have read this statement and want the charity named above to reclaim tax on the donation detailed below, given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year than the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given. You must provide your full name, home address, postcode & tick Gift Aid for the charity to claim tax back on your donation.

Sponsor's full name:	Sponsor's home address: (only to be given if you are Gift Aiding your donation!)	Postcode:	Donation amount: in £	Date paid:	Gift Aid?✓
Total Donations Received:			£		
Total Gift Aid Donations:			£		
Date received by Challengers:					

A man with brown hair and a beard, wearing an orange t-shirt, is sitting and looking down. A young girl with brown hair in a bun, wearing a white t-shirt, is applying white face paint to his cheek with her fingers. Another person's hand is also visible applying paint. In the background, other people in orange shirts are blurred.

A huge orange
thank you!

Thank you so much for fundraising this October for Challengers! Your support enables local disabled children and young people to access play and laughter!



Scan the QR Code to read more about the work Challengers carries out in your local area!



facebook.com/DisabilityChallengers



instagram.com/Challengers1979



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