


## SUMMER HOLIDAY ACTIVITY PROGRAMME 2017

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| <p>31<sup>st</sup> July<br/>Monday</p>     | <p><b>Sports Day</b><br/> <b>What:</b> We're kicking off the summer holidays with a traditional sports day! Take part in lots of different races and events and see if you can win an awesome medal!<br/> <b>Where:</b> Caterham Youth<br/> <b>What To Bring:</b> Packed lunch, sun cream</p>   |
| <p>1<sup>st</sup> August<br/>Tuesday</p>   | <p><b>Summer Nature Walk</b><br/> <b>What:</b> Join us we take a lovely relaxing walk around the local area and find the perfect spot to settle down and enjoy a delicious picnic.<br/> <b>Where &amp; Travel time:</b> Local area<br/> <b>What To Bring:</b> Packed lunch, sun cream</p>   |
| <p>2<sup>nd</sup> August<br/>Wednesday</p> | <p><b>Bowling</b><br/> <b>What:</b> Today we're heading to the bowling alley - challenge your friends and see if you can get a strike!<br/> <b>Where &amp; Travel time:</b> TBC<br/> <b>What To Bring:</b> Packed lunch, sun cream</p>  |
| <p>3<sup>rd</sup> August<br/>Thursday</p>  | <p><b>Sweet Factory</b><br/> <b>What:</b> Get your aprons on and take part in our fantastic day devoted to candy! Make your own tasty sweets, design the wrappers and take home a bag of your wonderful creations.<br/> <b>Where:</b> Caterham Youth<br/> <b>What To Bring:</b> Packed lunch, sun cream</p>  |
| <p>4<sup>th</sup> August<br/>Friday</p>    | <p><b>Trip to the Farm</b><br/> <b>What:</b> A Caterham favourite, join us for some fun in the sun as we take a visit to a local farm to see lots of lovely animals.<br/> <b>Where &amp; Travel time:</b> TBC<br/> <b>What To Bring:</b> Packed lunch, sun cream</p>  |
| <p>5<sup>th</sup> August<br/>Saturday</p>  | <p style="text-align: center;"><b>Scheme Closed</b></p>   |

# CHALLENGERS CATERHAM YOUTH SUMMER HOLIDAY ACTIVITY PROGRAMME 2017

FOR YOUNG PEOPLE AGE 13-18 ★ BOOKING LINE 01483 230 939 ★ [www.bookings-challengers.org](http://www.bookings-challengers.org)

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| <b>7<sup>th</sup> August<br/>Monday</b>    | <b>Food and Sport</b><br><b>What:</b> Today is the day we're finally allowed to play with our food! We'll be playing bagel hoopla, taking part in some French bread cricket and trying to get strikes when bowling with watermelons.<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream   |
| <b>8<sup>th</sup> August<br/>Tuesday</b>   | <b>Companion Cycling</b><br><b>What:</b> Enjoy a lovely day cycling around the park with friends on a whole range of different (and fully accessible) bikes. We'll also be tucking into a delicious picnic and playing some fun outdoor games.<br><b>Where &amp; Travel time:</b> Bushy Park (45mins)<br><b>What To Bring:</b> Packed lunch, sun cream  |
| <b>9<sup>th</sup> August<br/>Wednesday</b> | <b>Hever Castle</b><br><b>What:</b> One of the most amazing castles in England - discover the moat, check out the miniature model houses and play in the adventure playground; just don't get lost in the maze!<br><b>Where &amp; Travel time:</b> Hever (35mins)<br><b>What To Bring:</b> Packed lunch, sun cream   |
| <b>10<sup>th</sup> August<br/>Thursday</b> | <b>Fruit Picking</b><br><b>What:</b> Join your mates for a lovely day at the UK's largest pick-your-own farm, picking and eating fruit. Fill up your basket with delicious raspberries and strawberries, as well as lots of delicious veg.<br><b>Where &amp; Travel time:</b> Garsons Farm, Esher (35mins)<br><b>What To Bring:</b> Packed lunch, sun cream  |
| <b>11<sup>th</sup> August<br/>Friday</b>   | <b>Bake Off Day</b><br><b>What:</b> Move over Mary Berry – it's the Challengers Bake Off day! Get creative in the centre as we make delicious pastries, stack the cupcakes up high and compete for the best showstopper!<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream   |
| <b>12<sup>th</sup> August<br/>Saturday</b> | <b>Scheme Closed</b>  |

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| 14 <sup>th</sup> August<br>Monday    | <b>Guinness World Record Day</b><br><b>What:</b> Did you know that the most M&M's eaten blindfolded with chopsticks in one minute is only twenty – we're sure we can beat that! Join us and see what other bizarre world records we'll be trying to break at scheme today!<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream                                 |  |
| 15 <sup>th</sup> August<br>Tuesday   | <b>Chessington World of Adventures</b><br><b>What:</b> Head out to see the amazing animals at the zoo, marvel at the creatures in the sea life centre and take on some of the wonderful rides at Chessington World of Adventures!<br><b>Where &amp; Travel time:</b> Chessington (30mins)<br><b>What To Bring:</b> Packed lunch, sun cream  |   |
| 16 <sup>th</sup> August<br>Wednesday | <b>Drumming Workshop</b><br><b>What:</b> Our friends from Bookham Youth are joining us for the day as we enjoy one of our favourite activities – drumming! Instructor Ray will be helping us to make lots of noise and learn some new skills in another one of his brilliant inclusive drumming workshops.<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream |   |
| 17 <sup>th</sup> August<br>Thursday  | <b>Scheme Closed (A-Level Results Day)</b>  |   |
| 18 <sup>th</sup> August<br>Friday    | <b>Junk Music Day</b><br><b>What:</b> Today at scheme we're going to be getting super creative and create our own musical instruments! Get ready for lots of wonderful music and some fun games too!<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream   |   |
| 19 <sup>th</sup> August<br>Saturday  | <b>Scheme Closed</b>  |   |

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| <b>21<sup>st</sup> August<br/>Monday</b>    | <b>Trip to the Seaside (9.30am - 4.30pm)</b><br><b>What:</b> Pack your bucket and spade, put your sun cream on and join us as we head to the seaside to make the most of the wonderful summer sun! Please be prompt so that we can leave on time and make the most of the day.<br><b>Where &amp; Travel time:</b> TBC<br><b>What To Bring:</b> Packed lunch, sun cream, swim kit |
| <b>22<sup>nd</sup> August<br/>Tuesday</b>   | <b>Swimming</b><br><b>What:</b> It's back with a splash! Join us as we head to the pool for an awesome day floating round the lagoon and relaxing under the jets. Don't forget your swim kit!<br><b>Where &amp; Travel time:</b> TBC<br><b>What To Bring:</b> Packed lunch, sun cream, swim kit  |
| <b>23<sup>rd</sup> August<br/>Wednesday</b> | <b>Graffiti Art</b><br><b>What:</b> Roll up your sleeves and channel your inner Banksy as we get creative with spray paint and become graffiti artists for the day!<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream   |
| <b>24<sup>th</sup> August<br/>Thursday</b>  | <b>Trip to the Farm</b><br><b>What:</b> Make the most of the summer's sun with another trip out to a local farm! See some wonderful animals, enjoy an outdoor picnic and spend an awesome day with friends.<br><b>Where &amp; Travel time:</b> TBC<br><b>What To Bring:</b> Packed lunch, sun cream  |
| <b>25<sup>th</sup> August<br/>Friday</b>    | <b>Sensory Day</b><br><b>What:</b> Explore your senses in the centre today as we taste different types of food, delve into touchy feely boxes, make scented drawer bags and colour in Spirograph patterns!<br><b>Where:</b> Caterham Youth<br><b>What To Bring:</b> Packed lunch, sun cream  |
| <b>26<sup>th</sup> August<br/>Saturday</b>  | <b>Scheme Closed</b>   |

## CATERHAM YOUTH

Normal day is 10am – 4pm Saturdays, Easter, Summer Holidays & Half Terms  
Let us know what you think of our activities! [charliemajor@disability-challengers.org](mailto:charliemajor@disability-challengers.org)